

Sunday

7:00am - 9:30am	Hospitality / Creation Room	Conf Center Rm. Near Pool
7:15am - 7:45am	Yoga with Haley	Courtyard
8:00am - 8:30am	Morning Meditation with Brenda	Magnolia Room
8:45am - 9:45am	Meeting: Bringing the Joy Home	Magnolia Room
10:00am	Speaker: Melissa L., Punta Gorda FL Conference closes at 11:00am	Ballroom

Thank you for joining us this year. We look forward to

seeing you May 2nd - May 4th, 2025

Get updates at [sisconference.com](https://www.sisconference.com)



Welcome

23rd Spring into Sobriety Women's Conference

May 3-5, 2024

SIS Conference Picture Taking Guidelines:

Please do not take any photographs during any of the meetings. Please take care that you do not capture images of SIS Conference attendees, family or friends who did not give permission and may not want to appear in your pictures. Please do not post photos of identifiable SIS Conference attendees that are recognizable on websites accessible to the public, including unrestricted pages on social media network sites.

Friday

3:00pm to 7:15pm	Registration	Cassia Room
3:00pm to 7:15pm	Hospitality/Creation Room	Conf. Center Rm. Near the Pool
4:30 pm - 5:30pm	Meeting - Preparing for the Journey	Magnolia Room
6:15pm Dinner	Cinco de Mayo Taco Bar & Dessert	Ballroom
7:30pm	Open the Conference - The Joy is in the Journey	Ballroom
8:00pm	Speaker: Karen R., Tampa FL	Ballroom
9:15 PM	Social: Fellowship and Fun	Ballroom

Saturday

7:00am to 9:30pm	Hospitality/ Creation Room	Closed during speakers Conf. Center Rm. Near the Pool
7:00am to 9:30pm	Registration	Closed during speakers Cassia Room
7:15 - 7:45am	Yoga with Haley	Courtyard
8:00am - 8:30	Morning Meditation with Brenda	Magnolia Room
9:45am - 10:45am	Workshop: Your Journey with your HP	Royal Palm
	Workshop: The Joys of Recovery	Sea Grape

11:00am - 12:00pm	Workshop: Your Journey with Your HP	Royal Palm
	Workshop: The Joys of Recovery	Sea Grape
12:30pm - 1:30pm	Lunch - Deli Buffet / Dessert	Wave Grill
2:00pm - 3:00pm	Alanon Speaker - Dianne G. - Virginia Beach, VA and Punta Gorda FL	Ballroom
3:15pm-4:00pm	Ice Cream Social	Wave Grill
4:15pm-4:45	Preview - Be a part of the 2025 SIS Conference	Magnolia Room
4:45pm - 6:00pm	Fellowship, Relax and Reflection Time	
6:00pm	Banquet Dinner	Ballroom
7:30pm	Open the conference Partial Basket Raffle	Ballroom
8:00pm	Sobriety Countdown	Ballroom
8:15	Speaker: Holly D., Jacksonville, FL	Ballroom
9:15	Raffle Remaining Baaskets	Ballroom
9:30pm	Fellowship and Fun	